

Volunteer Psychologist

Handicap International – Humanity & Inclusion is looking for a volunteer psychologist, available for half a day every two weeks (4 hours).

The organisation

Handicap International – Humanity & Inclusion (HI) is an independent, apolitical, and impartial international solidarity organisation working in situations of poverty and exclusion, conflict, and disaster. Acting alongside people with disabilities and vulnerable populations, it strives to meet their essential needs, improve their living conditions, and promote the respect of their dignity and fundamental rights.

Title

Volunteer psychologist

Mission description

You will contribute to the well-being of our staff by providing psychological support to employees, volunteers, and interns based at our Brussels headquarters:

A. INTERVENTION

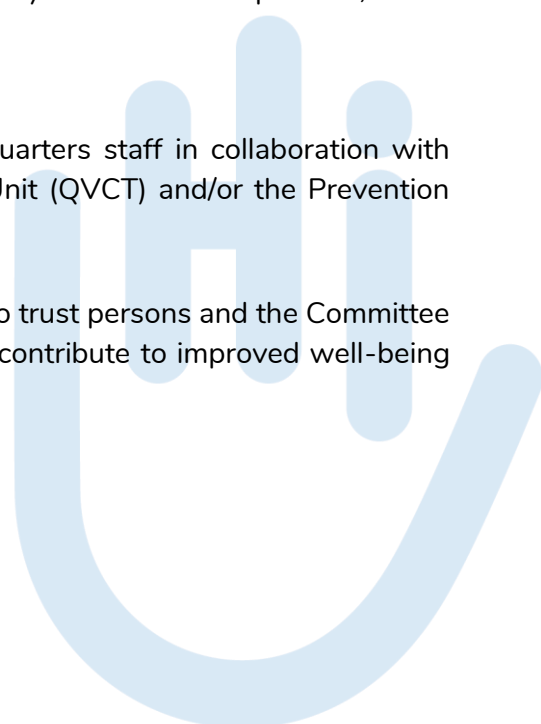
- Conduct confidential individual support sessions, on request, for any staff member at the COB/ANB headquarters (in person or via Teams). This is not a long-term psychotherapeutic process, but rather a short-term space for listening and support (typically between one and five sessions). Staff/volunteers/interns may contact the volunteer psychologist directly, without informing their line manager.
- Conduct briefing and debriefing sessions for HQ personnel going on missions in countries with a psychological support focus.
- Provide a listening space, support, and practice analysis for the trust persons, when needed (and upon request).

B. PREVENTION

- Raise awareness about well-being among headquarters staff in collaboration with the Quality of Work Life & Working Conditions Unit (QVCT) and/or the Prevention Advisor.
- Provide anonymised data and qualitative insights to trust persons and the Committee for Prevention and Protection at Work (CPPT) to contribute to improved well-being policies and staff management.

C. OTHER ACTIVITIES

- Depending on the psychologist's availability.



Profile

- Alignment with the values and mission of Handicap International
- Strong listening skills and empathy
- Degree in psychology and significant experience conducting clinical interviews with adults in workplace settings (especially in areas such as burnout prevention, work-related stress, etc.)
- A sensitivity to, or experience in, the humanitarian field
- Fluency in French and English; any additional languages are an asset

Our offer

- An opportunity to discover the work of an international NGO
- Volunteer insurance and agreement
- Reimbursement based on actual expenses
- Be part of a young, motivated, and dynamic team
- Become a member of the “HI Network”
- Our offices are located in a lively neighborhood in Brussels, easily accessible by public transport

Additional information

- Location : Rue de l'Arbre Bénit 44 – 1050 Bruxelles and/or remote work
- Start date: as soon as possible
- Duration and availability: half a day every two weeks for 4 hours; may evolve into weekly 4-hour sessions depending on the psychologist's availability

Contact

To apply for this volunteer position, please send your CV and a short cover letter to:

Mme Catherine Stubbe
HR Manager Belgium
Fédération Handicap International – Humanity & Inclusion
Mail : c.stubbe@hi.org

We offer all applicants equal opportunities, with no discrimination based on age, disability, gender, origin, religion, or sexual orientation.

